

## The “Prenatal Lab Panel” – *Why It Still Matters and Management of Abnormal Results*

### ***Internet Enduring Material***

***Release Date:*** 11/15/2023

***Expiration Date for Credit:*** 11/16/2026

### ***Accreditation***

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The Pediatrix Center for Research, Education, Quality and Safety designates this Internet Enduring Material for a maximum of 1.00 *nursing contact hour*. Participants should claim only the credit commensurate with the extent of their participation in the activity.

### ***Time to Complete***

The estimated time for completion of this Internet Enduring Material is 60 minutes.

### ***Target Audience***

This presentation is intended for physicians, advanced practice providers, and other clinicians practicing within Maternal-Fetal Medicine.

### ***Mitigation of Relevant Financial Relationships***

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### ***Disclosure of Relevant Financial Relationships***

**Jeanette Carpenter, MD, MSCI**, faculty for this educational activity, has no relevant financial relationships with ineligible companies to disclose. *FDA Disclosures: none reported.*

**Jaya Sariga, NNP-BC and Nicole Brenson**, planners of this educational activity, have no relevant financial relationships with ineligible companies to disclose.

### ***Commercial Support***

There is no commercial support for this educational activity.

## **Overview**

Although checking the "NOB" lab panel is very routine, clinicians may not be up-to-date on the proper management should results come back abnormal. Additionally, there have been recent changes (e.g. addition of Hepatitis C to the NOB lab panel and treatment for Hepatitis B in pregnancy). At the conclusion of this activity, learners will adopt and implement at least one evidence-based strategy for patient management when NOB lab results are abnormal.

## **Objectives**

*At the conclusion of this activity, the participant will be able to:*

- List the steps for the management of a positive antibody screen.
- Explain the current data on increasing rates of primary, secondary, and congenital syphilis.
- Apply the current recommendations for screening for viral hepatitis in pregnancy.
- Discuss the management of pregnancies complicated by Hepatitis C and Hepatitis B.
- Describe the evaluation and management of anemia in pregnancy.
- Discuss recommendations from professional organizations regarding genetic carrier screening.

## ABMS/ACGME Competencies

- Patient Care and Procedural Skills
- Medical Knowledge
- Practice-based Learning and Improvement

## IOM Competencies

- Provide patient-centered care
- Employ evidence-based practice

## **Participation and Credit**

Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 75% or greater correct on the post-test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)<sup>™</sup>* or *nursing contact hour(s)*.

There are no fees for participating in or receiving credit for this online educational activity. For information on the applicability and acceptance of credit for this activity, please consult your professional licensing board.

## **Contact**

Should you have any questions or concerns, please contact us at [Continuing.Education@pediatrix.com](mailto:Continuing.Education@pediatrix.com)